



Spring Schedule
April 1 - June 24, 2006
Pool closed May 27-29

April Pools Day



Saturday, April 22, 1—3 pm
FREE & FUN!

Swim Lesson Information

We are proud to offer the American Red Cross Learn To Swim Program at the Renton Pool. The Red Cross is the national leader in aquatics training. Many of our instructors learned to swim at this pool themselves and have gone through our instructor aide program prior to becoming staff members. You can trust the 90-year history of the American Red Cross and the commitment to excellence of King County Parks employees.



Mornings 9:30-11:30

Afternoons & Evenings - 1:00-2:00, 5:00-7:00

Monday/Wednesday (8 lessons)

April 3—26

May 1-24

May 31-June 21 (7 lessons)

***No class Monday May 29th, Memorial Day,
Pool Closed**

Tuesday/Thursday (8 lessons)

April 4—27

May 2—25

May 30—June 22

Private Lessons:

Need extra help on a specific skill or more individual attention? Ask about our private and semi private lessons.

Water Exercise

Water Exercise.



Water Exercise. One hour shallow and deep water exercise classes are offered on a drop-in basis for people age 15 and above. No swimming ability is necessary.

Shallow Water: The low impact aerobic workout is designed to increase strength, flexibility and energy.

Deep Water: Deep water exercise participants will wear a buoyancy belt and use other floatation equipment. The workout is offered in a zero impact environment and focuses on developing balance, endurance and flexibility while progressively increasing cardiovascular fitness.

Water Exercise Instruction

	<u>1 hour</u>
Adult.....	\$6.25
Senior.....	\$4.75
Adult Card.....	\$61.50
Senior Card.....	\$42.00

Pool Passes

Save money while you swim! Check with a staff member to determine how much you can save. Passes make great gifts and are good at all King County Parks Swimming Pools!

	<u>3 Months</u>	<u>1 Year</u>
Youth	\$116.69	\$339.45
Adult	\$170.54	\$496.12
Senior	\$116.96	\$297.02
Disabled	\$89.76	\$261.12
Family	\$299.21	\$678.92


King County
Department of Natural Resources and Parks

Renton Pool

16740 –128 Ave SE

Renton, WA 98058-5531

Phone: 206-296-4335
www.metrokc.gov/parks/pools


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Spring 2006

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 am-7:30	Early Risers Lap Swim \$3.50 Seniors \$5.00 Adults					
7:30 - 8:30 am	Pool Maintenance					
8:30 - 9:30 am	Shallow Water Exercise	Deep Water Exercise	Shallow Water Exercise	Deep Water Exercise	Deep Water Exercise	
9:30 – 11:30 am	Lessons M/W	Lessons T/TH	Lessons M/W	Lessons T/TH	Rentals Available	12 –1 pm Family Swim* \$3.25
11:30 - 1:00 pm	Lap Swim 11:30-1pm \$5.00 Adults, \$3.50 Seniors *Family Swim 12-1pm \$3.25 (*Shallow End Only)					12-1 pm Lap Swim \$5.00/\$3.50
1:00 – 2:00 pm	Lessons M/W	Lessons T/TH	Lessons M/W	Lessons T/TH	Rentals Available	1-2 pm Public Swim \$3.25
2:00 - 4:30 pm	Rentals/Private Lessons available					2-3 pm Promo Swim \$3.00
5:00 - 7:00 pm	Chinook Aquatic Club					Rentals Available 3-8 pm
5:00 - 7:00 pm	Lessons M/W	Lessons T/TH Deep Water X 6-7pm	Lessons M/W	Lessons T/TH Deep Water X 6-7pm	6-7 pm *Family Swim \$3.25 (shallow)	
7:00 - 8:00 pm	Promo Swim \$3.00	Public Swim \$3.25	Public Swim \$3.25	Promo Swim \$3.00	Public Swim \$3.25	
8:00 - 9:00 pm	Lap Swim \$5.00/\$3.50 & Shallow Water Exercise	Lap Swim \$5.00/\$3.50 & Adult Lessons	Lap Swim \$5.00/\$3.50 & Shallow Water Exercise	Lap Swim \$5.00/\$3.50& Adult Lessons	Rentals Available ##	
*Family Swim Shallow End Only ##Last Friday of every month, 7-9 pm is Movie night *Children under 6 years of age must be accompanied by an adult in the water at all times. *Family Swims require an adult in the water directly supervising no more than three children under 18 years of age *Programs may be changed, combined, or share the pool to assure maximum convenience and pool use.						

Swimming Pool Fees

General Admission Fees (Per hour)

Public and Family Swim

Youth.....	\$3.25
Adult.....	\$3.25
Senior.....	\$3.25
Person with Disability.....	\$2.50

Adult/Lap Swim

Youth.....	\$4.75
Adult.....	\$5.00
Senior.....	\$3.50
Person with Disability.....	\$3.50

Promotional Swim.....	\$3.00
Shower Only.....	\$3.25



Swimming Accessories

Goggles.....	\$6.00
Caps.....	\$3.00
Reusable Swim Diaper.....	\$10.00
Disposable Swim Diaper.....	\$1.00
Nose plugs.....	\$5.00
Shampoo 8oz.....	\$7.00
16oz.....	\$12.00
Conditioner 8oz.....	\$7.00
16oz.....	\$12.00
Sample size shampoo/conditioner...	\$1.00

Pool Rentals

Pool Rentals are great for family reunions, birth-day parties, church groups, and scout groups. Groups receive exclusive use of the pool, with lifeguards. Rentals are available Saturdays, beginning at 3 pm and Sundays, beginning at 1pm for hourly group or private parties. We can customize your party to make it an unforgettable occasion. Along with the exclusive use of the pool, you can choose the extras you desire, such as a private party room, Small toy, or the party packages. Party pricing is dependant on the options your choose to make this a memora-ble day. Call 206-296-4335 to plan your party and waves of fun for everyone!

Pool Rental Fees:

Size of Group	Fee Per Hour
1-25	\$100.00
26-60	\$130.00
61-90	\$160.00
91-120	\$200.00
121 +	\$240.00
If Available—	
Small Aquatic Toy	\$24.00
Large Aquatic Toy	\$40.00
Party Room	\$47.00
Party Packages	\$45.00
(Includes 10 party bags)	
Additional Party Bags	\$6.00